**ASPECTS OF YOGA**

**300 HOUR ADVANCED TEACHER TRAINING WITH EMPHASIS ON YOGA THERAPY**

**APPLICATION FORM**

**Prerequisites for “Aspects of Yoga Teacher Training Program with Emphasis on Yoga Therapy” are:**

* Two references,
* 200-hour-yoga Teacher Training(s) – certifications may be required,
* Basic knowledge of anatomy and physiology

With the completion of this course, you will receive a certificate for “Aspects of Yoga Teacher Training Program with Emphasis on Yoga Therapy”. Graduates are eligible to apply to register as Registered Yoga Teachers (RYT®500) with Yoga Alliance if they have been registered with Yoga Alliance RYT®200 before.

**Personal Information**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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City

Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Occupation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Medical History**

How would you evaluate your present health?

O Excellent

O Good

O Fair

Do you have any medical challenges or suffer from any illnesses (explain briefly)

Are you pregnant or do you plan to become pregnant during the course of the training?

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Are you taking any medication or do we need to know anything about your medical history?

**About You**

Please list all yoga teacher trainings, workshops and or education in therapy you have attended. Please mention teachers, dates and topics. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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How many hours of anatomy classes have you attended?

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Do you practise ?

O meditation

O Pranayama

O No

Are you teaching yoga?

O No

O Yes If yes, for how many years have you been teaching? Where?

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Why do you want to attend the 300 – hour Advanced TT with Emphasis on Yoga Therapy program?

What are your expectations of this Teacher Training program?

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**2 References**

Please email 2 references to us along with your application. Certificates may be required.

**Deposit**

Please submit your down-payment along with your application.